

- 2024 -
JUNE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Woodside
 Intermediate
 School**

**Start the day off
 right with a free
 school breakfast!**

Breakfast is free to all students

Student Lunch \$2.90

Lunch consists of an entrée,
 vegetable and fruit choices,
 whole grains and low or fat
 free milk. Students may take
 three, four or five of these
 items but must choose at
 least 1/2 cup of fruits or
 vegetables.

Alternate Daily Lunch Options:

Assorted sandwiches- Ham &
 Cheese, Turkey & Cheese or
 Tuna

Bagel & Yogurt Plate

Although we will do our best not to
 make substitutions, all menus are
 subject to change due to product
 shortages.

3 Chicken Nuggets
 Oven Potatoes
 WG Roll
 Steamed Corn
 Fruit Choice

4 Cheeseburger on
 Whole Grain Roll
 Baked Beans
 Potato Chips
 Fruit Choice

5 WG Mozzarella
 Sticks
 W/ Marinara Sauce
 Crisp Romaine
 Salad
 Steamed Broccoli
 Egg Noodles
 Fruit choice

6 WG Mini Pancakes
 Chicken Sausage
 Veggie Juice
 Hash Brown Patties
 Fruit Choice

7 Cheese Pizza
 Carrots & Celery
 Sticks
 Hummus
 Garden Salad
 Fruit Choice or
 Raisins

10 Hot Dog on WG Roll
 Potato Chips
 Macaroni Salad
 Fruit Choice

11 Chef's Choice

12 Cheese Pizza
 Carrots & Celery
 Sticks
 Hummus
 Garden Salad
 Fruit Choice or
 Raisins

13 **Early Dismissal**
 Variety of WG Cold
 Cereal
 Yogurt,
 Cheese Stick
 Carrots w/Dip
 100% Fruit Juice



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24 **Free Summer
 Meals!**
**Call 211 to find a
 site near you!**

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